



Bed Race Competition Rules

The Bed Races are intended to be a fun, festive, community oriented event. Teams are encouraged to decorate their beds and dress in any theme appropriate for family audiences.

Race Team Requirements

1. Racing Teams must consist of 5 members: 4 pushers and 1 rider.
2. All team members must be at least 18 years of age or have written, signed parental/guardian consent and a hold harmless waiver.
3. Pusher and Rider substitutions will be allowed in the event of injury/sickness at the discretion of the judges and with the necessary waivers for underage participants.
4. All Racers will attend a pre-race meeting the day of the event to review the course and how best to bribe judges.
5. Pushers and Riders will wear closed toe shoes. Helmets required (bike helmets are appropriate). Additional safety equipment such as mouth guards and knee pads are recommended. No safety equipment will be provided by the race organizers.

Bed Design

There will be two divisions of beds that can be entered, Racing Beds and Parade Beds. All beds will be inspected for safety and compliance with the rules. Beds that do not pass inspection will have an opportunity for correction. If a correction cannot be made, the team will be disqualified for the race but may participate in the parade exhibition competition. The top of the mattress on Race Beds may be no more than 48" from the ground.

Racing Beds must consist of a standard size twin bed that will fit onto a carriage provided by the organizers and must be decorated and ready to set onto and removed from the carriage frame. As much pre-decoration of the bed prior to being placed on the carriage is encouraged to help expedite the transfer from one racing team to the next. **All racing beds must fit upon the carriage platform and cannot exceed 40"x84"**

Parade Beds can utilize provided carriages or be completely constructed by the entrant with their own wheels attached. Parade Bed Teams may have more or less than 5 members if desired. Parade Beds are intended for demonstration and fun and will not be timed as part of the race portion of the event.





Racing and Judging

1. Teams will race against the clock on a closed course one at a time. Fastest time wins!
2. There will be four pushers and one rider. The rider must be sitting or lying the entire race. No standing or kneeling.
3. The Rider that starts the race must remain the Rider for the entirety of the race.
4. Beds will be pushed behind or on the side of the bed. No racers can be pulling or in front of the bed.
5. The time begins at the signal and ends when the entire team and bed has crossed the finish line.
6. The race course consists of a 300' straight racing lane with a Bed Race Bell at the end of the lane. Pushers will push the bed to the end of the racing lane, where the rider must dismount from the bed. The rider will ring the Bed Race Bell and return to the bed. The rider must return fully to their place in the bed before the pushers begin completing the return leg to the finish line.
7. Races will be held in two heats. Depending on the number of entrants, teams may be allowed to run in each heat with their best time used.
8. If repairs or modifications are required between heats, teams shall notify judges for inspection.
9. Trophies (**1st, 2nd, 3rd**) will be given for the fastest beds. Additional recognition will be given for **People's Choice, Mayor's Choice**, and "**Team Spirit Award.**" Parade division will include awards for "**Best in Show.**"
10. **All judges' decisions are final** during the safety inspection, race, and awards. Teams may be disqualified if they are not racing in a safe manner or posing a danger to spectators. Sportsmanship and cooperation is encouraged among teams.

These rules may be updated at the event coordinator's discretion. Any changes to these rules will be communicated to Bed Race Teams prior to the actual event. These rules should be considered directional only in terms of the general intent of the event organizers. Questions pertaining to these rules can be addressed via email to Together@BlirstownBEC.com.

